



ADULT BACKGROUND INFORMATION

Welcome to New Leaf Clinic. Please answer all questions as completely as possible. Information given is strictly confidential and beneficial in providing you with the best possible service.

Name: _____ Date: _____

Gender: Male ___ Female ___ Date of Birth ____/____/____ Age ____

Ethnicity:

___ African American ___ Bi-racial ___ Hispanic/Latin
___ Asian ___ Caucasian ___ Native American
___ Other

Home Phone: _____ (Okay to call? Yes/No Okay to leave message? Yes/No)

Work Phone: _____ (Okay to call? Yes/No Okay to leave message? Yes/No)

Cell Phone: _____ (Okay to call? Yes/No Okay to leave message? Yes/No)

Email: _____

Address: _____
Street City/State Zip

Alternate Address (if applicable): _____
Street City/State Zip

Emergency contact:

Name Relationship Phone number

Email address

Have you ever seen a mental health professional (psychiatrist, psychologist, or counselor)? Yes No

If so, we may need your permission in order to communicate with that individual or agency.

Previous Mental Health Professional/Agency: _____

Address: _____

Phone number: _____ Dates of Service: _____

Have you ever been hospitalized for mental health concerns? Yes No

If yes, when? _____ Where? _____

How did you hear about New Leaf Clinic?

___ Health Professional ___ School ___ Website ___ Friend ___ Other

CURRENT CONCERNS

Please list all your current concerns:

Which issue is of primary concern and when did it begin? _____

How have you attempted to deal with this issue in the past? _____

FAMILY ATMOSPHERE

Circle the number on the Likert scale that best describes the family atmosphere in your **family of origin**:

Very lenient	1	2	3	4	5	Very strict
Non-religious	1	2	3	4	5	Very religious
Chaotic	1	2	3	4	5	Structured
Inconsistent	1	2	3	4	5	Consistent
Low expectations	1	2	3	4	5	High Expectations

Level of Family Support (from friends, relatives, church, school, etc):

Hardly any support	1	2	3	4	5	Considerable support
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GENERAL INFORMATION

List your current family makeup, beginning with the oldest member, and **include yourself**.

_____	_____	_____
Name	Relationship to client	Age
_____	_____	_____
Name	Relationship to client	Age
_____	_____	_____
Name	Relationship to client	Age
_____	_____	_____
Name	Relationship to client	Age
_____	_____	_____
Name	Relationship to client	Age

PERSONAL HISTORY

For each of the following items that apply, write in your approximate age at the time it occurred. If not applicable, leave blank.

- | | |
|---|--|
| _____ Academic problems | _____ Refusal to speak in certain situations |
| _____ Discipline problems | _____ Severe food aversions/refusal to eat |
| _____ Victim of bullying | _____ Tics or nervous habits |
| _____ Bullying others | _____ Obsessive thoughts/compulsive behaviors |
| _____ Anxiety/Severe worrying | _____ Extreme sadness/suicidal thoughts |
| _____ Aggressive behavior | _____ Attention problems |
| _____ Impulsive | _____ Extremely active/as though driven by a motor |
| _____ Difficulty making friends | _____ Lack of Respect for Authority Figures |
| _____ Frequent injuries | _____ Alcohol/drug use |
| _____ Difficulty toilet training | _____ Aggressive toward animals |
| _____ Speech/language problems | _____ Difficulty learning letters and sounds |
| _____ Victim of abuse | _____ Night Terrors |
| _____ Chronic ear infections | _____ Eustachian tubes |
| _____ Asthma | _____ Chronic bedwetting (age 4 and above) |
| _____ Chronic stomach aches | _____ Chronic headaches |
| _____ Major Illnesses/Hospitalizations (explain): | |

_____ Other (explain)

HEALTH

Primary Care Physician: _____

Address: _____

Phone number: _____

Date of LAST complete physical or "well-check": _____

Have you been diagnosed with a physical disability or chronic illness? Yes No

(If yes, explain) _____

If you are currently taking medication for physical or mental health-related conditions, please indicate the medication name, diagnosis, dosage, and date of diagnosis below.

Medication	Dosage	Diagnosis	Date of diagnosis
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Medication	Dosage	Diagnosis	Date of diagnosis
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Medication	Dosage	Diagnosis	Date of diagnosis
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Medication	Dosage	Diagnosis	Date of diagnosis
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