# New Leaf Clinic

**Assessments and Counseling for Children and Adolescents** 



Jenny Dougherty, Ph.D.

Licensed Professional Counselor-Supervisor Registered Play Therapist- Supervisor Tracy McClung, Ph.D.

Licensed Professional Counselor-Supervisor Registered Play Therapist

### **Education and Training**

- Both Ph.D. graduates from University of North Texas ('06 & '07)
- Extensive training and internships in counseling, assessment and supervision
- Licensed Professional Counselor Supervisors
- Registered Play Therapists

### Experience

Extensive training and use in the following assessments

- Woodcock-Johnson IV COG, ACH, OL
- Oral language (TOLD, CASL, SLDT)
- Written language (GORT-5, CTOPP-2)
- Learning Style (TIPS)
- Visual Motor (VMI)
- Emotional (Piers-Harris, RCMAS, CDI, MMPI adolescent, MCMI-A, PAI-A)
- Executive Functioning (BRIEF, Hawthorne)
- Parent & Teacher inventories (CBC, PSI)

#### **Services- Assessments**

- Psycho-educational Evaluation to identify:
  - Dyslexia
  - Oral Language
  - Dyscalculia
  - Executive Dysfunction
  - Anxiety and Depression
  - o ADHD
- Gesell Developmental Observation-Revised for:
  - Kindergarten Readiness
  - Developmental Delays

# **Services- Counseling and Supervision**

#### Supervision

- Licensed Professional Counselor- Interns
- Those pursuing Registered Play Therapist credential

#### Counseling

- Oral Language, LD, and Executive Dysfunction
- Play Therapy
- Parenting

### Unique Approach

- Counselors: unique among "assessment" professionals
- Focus on relationship building with clients and parents
  - o importance of gathering a good history and preparing parents to receive feedback
  - o getting the "best" from our clients (initial relationship and on-site administration)
- Consider emotional factors
- Parent and Professional-friendly reports
- Team approach to administration and conceptualization
- Great relationships with our professional referrals
- Available for school meetings with parents and teachers

#### **Assessment Process**

- Both parents attend developmental interview
- Both parents complete assessments
  - BRIEF
  - o PSI
  - o CBC
  - ADDES
- Two teachers complete assessments
  - o BRIEF
  - CBC-TRF
  - ADDES

# Case Review- Background & Family History

- Sarah- an 11 year, 6 month old girl, blended family
- Reportedly met all developmental milestones WNL
- Significant family history of ADHD and Dyslexia
- Previous assessment: ADHD dx and medicated, no LD Identification

#### Case Review- Academic & Family History

- Medical/Developmental History
  - 40mg Concerta
  - o .1mg Clonidine
  - Flushes medication due to symptoms of upset stomach
- Academic history includes
  - Rich phonics instruction at a rigorous private school
  - Some accommodations, No modifications at school
  - Started having difficulty in 1st grade with reading; testing in 2nd grade
  - Homework takes 2-3 hours to complete
  - Tutoring for 2 years
  - Mostly Bs, some Cs
  - Falling behind in classes

Characteristic Profile of Dy	slexia – Revis	ed 20	114					
NAME: Sarah	13410			DIDTI	1/200	2	11 . 1	
SCHOOL:		DATE OF BIRTH: 4/2603				AGE: 114 len		
					1/2014		GRADE: Leth	
s	Percentile .	1 55	5   70	10 20		70	80 90 95 99 115 130	
UNDERLYING CAUSE: PHONOLOGICAL PROCESSING	;	BEI	OW AV	ERAGE	AVERAG 90 - 110		ABOVE AVERAGE	
PHONOLOGICAL AWARENE: EI= 65 BW=90 PI Phonological Memory	ss   or SM =  20	CTO	399	L85			THE	
RAPID NAMING		CI	PP	76				
LETTER KNOWLEDGE			OPP	M	TIPS	,		
CHARACTERISTICS DECODING		To 1:	TIVI					
WORD RECOGNITION		W	TIV	1				
ORAL READING FLUENCY	RATE	04/			0			
	ACCURACY85	1115	NIO	lose	GORT 9	U		
SPELLING		Wi	118	2/985				
OUTCOMES: Variable Impact READING COMPREHENSION		Q.	10	ORT				
Written Expression		0	9 9	OK.I	WIN			
COGNITIVE/ACADEMIC ABILITY					WJGIA			
COEXISTING COMPLICATIONS OR	400570				101			
	ASSETS	со	MPLICA	TION			ASSET	
Oral Language					TOLD/C	452	-	
Attention		P	T	Ry	medic	ate	col	
Mathematics		1		70	WJIV			
Handwriting		VM	M	Otor				
Behavior / Emotions		CI	PIS	seff				

Texas Scottish Rite Hospital for Children 1995-2015, Gladys Kolenovsky, M. A.
Please see back for Application Guidelines

<sup>&</sup>quot;Dyslexia is a specific learning disability that is neurological in origin. It is characterized by difficulties with accurate and /or fluent word recognition and by poor spelling and decoding abilities. These difficulties typically result from a deficit in the phonological component of language that is often unexpected in relation to other cognitive abilities and the provision of effective classroom instruction. Secondary consequences may include problems in reading comprehension and reduced reading experience that can impede growth of vocabulary and background knowledge." Lyon, GR, Shaywitz, SE, Shaywitz, BA, (2003b). A definition of dyslexia, Annals of Dyslexia, 53, 1-14. Adopted by the Board of Directors, International Dyslexia Association, November 2002.

#### Case Review

- Significant parent/child relationship struggles
- Significant difficulty in Latin
- Long-standing history of difficulties even with significant support
- Didn't reach Basal on the GORT
- GORT classic Dyslexic errors
- GORT Comprehension
- CTOPP- Alternative Phonological Awareness 76
- WJ IV COG Phonological Processing
  - Word Access- embedded sounds
  - Word Fluency- strong
- Symptoms of Anxiety

#### **Update**

- Began receiving Academic Language Therapy immediately
- Changed medication and responding well
- Changed schools; receiving more accommodations and modifications
- Active socially and in extracurricular activities
- Significant improvement to family life and relationships
- "Good grades" and feeling confident in school

# Thank you!

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